



**Veronica** is a 21 year old girl with neglected specific cerebral palsy and always has been kept in lying position. She has sustained secondary complications like stiffness in joints, deformed spine, rotated neck and is always been kept in the house all times. We have been trying to give her home visit with our therapist from the center.

Veronica is a girl who is been cared for by a single mother in only a single room as a shelter.

Veronica needs a wheel chair with a toilet sit to help her not to be left in the house always.

The mother is taught the home program to continue helps the child which she has not been doing so well and not consistent since at times she forgets on doing the right things hence needing to see the therapist consistently. In case of car transport when provided veronica will start attending the therapy from the center.



**KasagaDdalious** is a 13 year old child with specific cerebral palsy and has sustained different secondary complication (contractures, stiffness, and deformed spine. The parents were not well educated of what to be done. We received the child in a situation where he couldn't sit, hold, stand, chew, turn the Neck, and not able to roll/turn in bed, the child has a very productive cough.

The mother says that the child had started getting several changes as they continued with the therapy but because of continuous getting sick the child end up retarding in what he had previously achieved.

Below are some of achievements the child had started getting and these were her observations;-

- When the child is put in sitting position with support, he can try to turn the head.
- He has started sitting with support.
- The child has started turning the neck (improved neck control)

#### **Recommendation**

- We have recommended a CP chair/corner seat, wheel chair, and right positioning
- A wedge

Note: The mother complains of difficulty in child`s diet since it`s so expensive to get the required food supplements to improve child`s health. Child`s transport is another problem since the child is grown tending to be heavy and distance is very long from home to the center.



**HanngtonWalugambe** is a 14 year old boy with neglected spastic cerebral palsy having secondary complications on his back like deformed spine. The mother has more hope of a child to improve more.

**Comment from the mother**

Though the mother has a positive attitude towards the child's attendance to therapy treatments, she faces a lot challenges where the husband doesn't completely give any support toward the child and the mother is not financially stable hence ending up getting problem of transporting, feeding and clothing the child. For the time she has managed to attend the physiotherapy treatment.

**Below are her observation:**

The child's active way of understanding is greatly improved where he can understand most of the communication while talking with him.

She says that the child has gained some weight

The child has gaining a neck control.

**Recommendation**

- o The mother is advised to continue with therapy home program as she's being taught.
- o The mother should ensure right positioning of the child to improve the rotated back.
- o She needs a wheel chair

**NOTE:** The mother has a problem of transporting the child to the center because of distance, costs and child being heavy.

**WasswaEnock** is a 15 year old boy with Hydrocephalus and he attained secondary complications where the back is severely scoliolitic with a hip deformity. The child was operated thrice but he still has a drainage tube in him which is another problem causing on and off severe sickness.

The mother has been attending physiotherapy with the help of the husband but both are not financially stable but the husband tries to give hand in any way he could. They stay very far and transporting the child is another problem.

#### **Comment from the mother**

The mother reports of improved muscle tone in child's body and increased range of motion in the upper limbs. The child's neck is slightly improved

#### **Recommendation**

The mother is advised to do correct positioning of the child to reduce hip deformity and scoliosis. She is advised to use roll and a wedge and to get a wheel chair.





**Linda Ruth** is a 12 year old girl with hydrocephalus in contracted deformity; she has got contractures in Elbow, knee, Hip, shoulder and fingers joints.

The grand mother is the one staying with the child has been trying to bring the child for the physiotherapy treatment and has hope for child's improvement.

#### **Comment from Grand mother**

She says Linda has started gaining neck control and can slight support the neck in one position as she's put in supine lying. The grand also says that the child's body was so thin but with the therapy, the child has gained some weight which is accompanied with good feeding and nutrition.

There is increased range of motion in child`s joint when passively moved.

#### **Recommendation**

- The grand mother is encouraged to ensure passive movements and stretch in both arms and legs.
- Right positioning of the child.
- Wedge and roll are also required for the child.

**PROBLEM:** The grandmother suffers so much with the child`s on and off sickness which retards the improvement she had gained. The distance and the child is heavy because she is hydro.



**Winnie** is a 14 year old girl with severe specific cerebral palsy and contracted deformity in Flexion contracture, in her severity the mother says that she had previously lost two children who suffered from the same problem and was because of ignorance.

The mother has been trying so much to bring her child now for physiotherapy treatment and had started getting hope for her child to improve with the treatment.

#### **Comment from the mother**

The mother is very grateful with the physiotherapy treatment done to the child and below is the visible changes the mother has seen in her child.

- The child's body is more relaxed compared to it before therapy.
- There is improved muscle tone with muscle gain on the child.
- The conical shaped chest deformity is reduced.
- The Arms are more released from the contracted form on the chest.
- The child has started trying to turn the head with response to sound.
- The fingers are kindly released from clenched form.

#### **Recommendation**

- The mother is encouraged to ensure regular exercises
- The nutrition of child is also emphasized
- CP chair is need
- The mother need to see a pediatrician

**Note:** These days the child does not attend the therapy because the mother says that child gets severely on and off sickness which has affected child's health and improvement, the distance is long, and transport means are also difficult since some bodaboda men fail to take her and tend to be more expensive.



**Ryan Kigundu** is 4 year old boy with a floppy cerebral palsy who was brought when he couldn't hold, sit, stand, turn in bed, and could not talk. He was neglected by the parents but so far now the grand mother is the one taking care of him and bringing him for physiotherapy. With consistence attendance for therapy the grand started to observe some changes like starting to turn in bed. The last 2 months they have not been so consistent in coming for therapy because the child gets sicker because of poor nutrition since the grand mother is not capable of sustaining them well due to poor income stability.